

Lunes

Martes

Miércoles

Jueves

Viernes

<p>27</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, apio, pavo y garbanzos 🌱</p> <p>- Yogurt 🥛</p> <p>P: 19.55%, G: 35.02%, HC: 45.43%, Az: 23.37gr Sal: 0.29gr, AGS: 2.64gr, 398.25 Kcal</p>	<p>28</p> <p>- Triturado de patata, zanahoria, cebolla, tomate, aove, merluza y arroz 🐟</p> <p>- Yogurt 🥛</p> <p>P: 19.64%, G: 17.51%, HC: 62.84%, Az: 23.16gr Sal: 0.60gr, AGS: 2.43gr, 464.20 Kcal</p>	<p>1</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, ternera y lentejas 🌱</p> <p>- Yogurt 🥛</p> <p>P: 24.53%, G: 26.87%, HC: 48.59%, Az: 22.53gr Sal: 0.30gr, AGS: 3.25gr, 367.30 Kcal</p>	<p>2</p> <p>- Triturado de patata, zanahoria, cebolla, tomate, aove, rosada y arroz 🌱🐟</p> <p>- Yogurt 🥛</p> <p>P: 20.33%, G: 14.30%, HC: 65.37%, Az: 23.43gr Sal: 0.65gr, AGS: 2.12gr, 467.40 Kcal</p>	<p>3</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, aove y pollo 🐔</p> <p>- Yogurt 🥛</p> <p>P: 14.32%, G: 29.62%, HC: 56.06%, Az: 22.34gr Sal: 0.21gr, AGS: 2.15gr, 243.65 Kcal</p>
<p>6</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, apio, pavo y garbanzos 🌱</p> <p>- Yogurt 🥛</p> <p>P: 19.55%, G: 35.02%, HC: 45.43%, Az: 23.37gr Sal: 0.29gr, AGS: 2.64gr, 398.25 Kcal</p>	<p>7</p> <p>- Triturado de patata, zanahoria, cebolla, tomate, aove, merluza y arroz 🐟</p> <p>- Yogurt 🥛</p> <p>P: 19.64%, G: 17.51%, HC: 62.84%, Az: 23.16gr Sal: 0.60gr, AGS: 2.43gr, 464.20 Kcal</p>	<p>8</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, ternera y lentejas 🌱</p> <p>- Yogurt 🥛</p> <p>P: 24.53%, G: 26.87%, HC: 48.59%, Az: 22.53gr Sal: 0.30gr, AGS: 3.25gr, 367.30 Kcal</p>	<p>9</p> <p>- Triturado de patata, zanahoria, cebolla, tomate, aove, rosada y arroz 🌱🐟</p> <p>- Yogurt 🥛</p> <p>P: 20.33%, G: 14.30%, HC: 65.37%, Az: 23.43gr Sal: 0.65gr, AGS: 2.12gr, 467.40 Kcal</p>	<p>10</p> <p>- Triturado de patata, calabacin, calabaza, zanahoria, puerro, aove y pollo 🐔</p> <p>- Yogurt 🥛</p> <p>P: 14.32%, G: 29.62%, HC: 56.06%, Az: 22.34gr Sal: 0.21gr, AGS: 2.15gr, 243.65 Kcal</p>
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🌱 F. Cáscara / 🌱 Apio / 🐟 Mostaza / 🌱 Sésamo / 🌱 SO2 / 🐟 Moluscos / 🌱 Altramuces / 🌱 Gluten / 🐟 Crustáceos / 🌱 Huevos / 🐟 Pescados / 🌱 Cacahuets / 🌱 Soja / 🥛 Lácteos

Elaborado por:

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